

CAMP RISING SUN PACKING LIST:

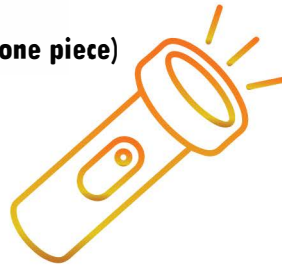
All items should be labeled with the camper's name for identification.

MANDATORY

- Medicine for 5 days (medication in plastic bag with camper's name) All supplies for catheter care (if applicable)
- Sleeping Bag or 2 twin sheets/blanket, pillow and pillowcase
- 2 or 3 bath towels
- Personal items (shampoo, toothbrush, toothpaste, soap, comb, deoderant, etc.)

SUGGESTED

- Flip flops or water shoes (shower and water activities)
- Suitcase or duffle bag
- Laundry bag
- 1 beach towel
- 1 or 2 swim suits (no bikinis or halter tops- must be one piece)
- 5 pair of shorts
- 2 pair of pajamas
- 6 or 8 pair of underwear
- 6 or 8 pair of socks
- 5 tee-shirts
- 1 sweatshirt, sweater or jacket
- Tennis shoes and sturdy shoes



SUGGESTED

- Something fun to wear to the DANCE
- Insect repellent
- Sun screen
- Flash light
- Raincoat or rain poncho
- Hat and Sunglasses



WHAT NOT TO PACK

Cell phones

Video game devices

iPads, laptops, iPods, earbuds

Valuables (jewelry, watches, etc.)

Hazardous sports equipment

Skateboards

Please **DO NOT** bring any personal electronics (iPod, iPhone, earbuds, Gameboy, etc.) Cell phones will not be allowed at camp and must be turned in (if brought) to the nurses along with medications. Campers may phone home any time by going to the nurses' station to use their phone.